### **Reef Check Best Diving Practices**

# **Respect the Reef**

- 1. Observe but don't handle marine life
- 2. Avoid feeding reef creatures
- 3.Use waterproof sun block
- 4.Leave no trash behind

# Bring home memories, not reef scrapes

- 1.Master neutral buoyancy
- 2.Keep dive gear from dragging on the reef
- 3.Stand and walk on sand, not on corals
- 4. Keep fins away from the reef

## **Know and Follow Local Regulations**

- 1.Respect no-fishing and no-collecting areas
- 2.Stay within catch and size limits
- 3.If collecting shells, make sure they are empty

#### Go Blue

- 1.Patronize reef-friendly dive shops, hotels and tourist operators especially Reef Check Certified Facilities
- 2.Ask what operators are doing to monitor and protect their reefs

#### **Get Involved**

- 1. Join Reef Check and become an EcoDiver
- 2.Help spread best diving practices
- 3. Take a reef education course